

① \mathcal{S} is flat and \vec{F} is constant, so the flux across \mathcal{S} is: $\vec{F} \circ \vec{n} \cdot (\text{Area of } \mathcal{S}) = (1, 2, 3) \circ (0, 0, 1) \cdot 1 = \boxed{3}$.

② We use spherical coordinates to compute the surface integral. We have $\rho = 1$, $0 \leq \theta \leq 2\pi$, $0 \leq \varphi \leq \pi$,

so the flux integral is:

$$\begin{aligned} \iint_{\mathcal{S}} \vec{F} \circ d\vec{A} &= \int_{\theta=0}^{2\pi} \int_{\varphi=0}^{\pi} \frac{1}{\rho} (y \sin \varphi, x, z) \circ \frac{(x, y, z)}{\rho} \rho^2 \sin \varphi d\varphi d\theta \\ &= \int_{\theta=0}^{2\pi} \int_{\varphi=0}^{\pi} \frac{1}{\rho^2} \rho^2 \sin \varphi d\varphi d\theta = \int_{\theta=0}^{2\pi} \int_{\varphi=0}^{\pi} \sin \varphi d\varphi d\theta \\ &= \int_{\theta=0}^{2\pi} 2 d\theta = \boxed{4\pi}. \end{aligned}$$

③ We will use the divergence theorem.

$$\text{div}(\vec{F}) = \frac{\partial F_1}{\partial x} + \frac{\partial F_2}{\partial y} + \frac{\partial F_3}{\partial z} = \sin y^2 + 1 + 0 - \sin y^2 = 1,$$

$$\text{so } \iiint_{\mathcal{S}} \vec{F} \circ d\vec{A} = \int_{x=0}^1 \int_{y=0}^1 \int_{z=0}^1 1 dz dy dx = \boxed{1}$$
